**Patient Name:**

**DOB:**

**NHS:**

**Address:**

**Wender Utah Rating Scale for the Attention Deficit Hyperactivity Disorder**

Name: <Patient Name> Gender: <Gender> Date:

For each of the 61 items, check the box that best describes your behaviour:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| As a child I was (or had): | Not at  all or  very  slightly  0 | Mildly  1 | Moder-ately  2 | Quite a  Bit  3 | Very  much  4 |
| 1 Active, restless, always on the go |  |  |  |  |  |
| 2 Afraid of things |  |  |  |  |  |
| 3 Concentration problems, easily distracted |  |  |  |  |  |
| 4 Anxious, worrying |  |  |  |  |  |
| 5 Nervous, fidgety |  |  |  |  |  |
| 6 Inattentive, daydreaming |  |  |  |  |  |
| 7 Hot- or short-tempered, low boiling point |  |  |  |  |  |
| 8 Shy, sensitive |  |  |  |  |  |
| 9 Temper outbursts, tantrums |  |  |  |  |  |
| 10 Trouble with stick-to-it-tiveness, not following through. Failing to finish things started |  |  |  |  |  |
| 11 Stubborn, strong-willed |  |  |  |  |  |
| 12 Sad or blue, depressed, unhappy |  |  |  |  |  |
| 13 Incautious, dare-devilish, involved in pranks |  |  |  |  |  |
| 14 Not getting a kick out of things, dissatisfied with life |  |  |  |  |  |
| 15 Disobedient with parents, rebellious, sassy |  |  |  |  |  |
| 16 Low opinion of myself |  |  |  |  |  |
| 17 Irritable |  |  |  |  |  |
| 18 Outgoing, friendly, enjoyed company of people |  |  |  |  |  |
| 19 Sloppy, disorganized |  |  |  |  |  |
| 20 Moody, ups and downs |  |  |  |  |  |
| 21 Angry |  |  |  |  |  |
| 22 Friends, popular |  |  |  |  |  |
| 23 Well-organized, tidy, neat |  |  |  |  |  |
| 24 Acting without thinking, impulsive |  |  |  |  |  |
| 25 Tendency to be immature |  |  |  |  |  |
| 26 Guilty feelings, regretful |  |  |  |  |  |
| 27 Losing control of myself |  |  |  |  |  |
| 28 Tendency to be or act irrational |  |  |  |  |  |
| 29 Unpopular with other children, didn't keep friends for long, didn't get along with other children |  |  |  |  |  |
| 30 Poorly coordinated, did not participate in  sports |  |  |  |  |  |
| 31 Afraid of losing control of self |  |  |  |  |  |
| As a child I was (or had): | Not at  all or  very  slightly  0 | Mildly  1 | Moder-ately  2 | Quite a  Bit  3 | Very  much  4 |
| 32 Well-coordinated, picked first in games |  |  |  |  |  |
| 33 Tomboyish (for women only) |  |  |  |  |  |
| 34 Running away from home |  |  |  |  |  |
| 35 Getting into fights |  |  |  |  |  |
| 36 Teasing other children |  |  |  |  |  |
| 37 Leader, bossy |  |  |  |  |  |
| 38 Difficulty getting awake |  |  |  |  |  |
| 39 Follower, led around too much |  |  |  |  |  |
| 40 Trouble seeing things from someone else's  point of view |  |  |  |  |  |
| 41 Trouble with authorities, trouble with school, visits to principal's office |  |  |  |  |  |
| 42 Trouble with police, booked convicted |  |  |  |  |  |
| Medical Problems as a child | Not at  all or  very  slightly  0 | Mildly  1 | Moder-ately  2 | Quite a  Bit  3 | Very  much  4 |
| 43 Headaches |  |  |  |  |  |
| 44 Stomach aches |  |  |  |  |  |
| 45 Constipation |  |  |  |  |  |
| 46 Diarrhoea |  |  |  |  |  |
| 47 Food allergies |  |  |  |  |  |
| 48 Other allergies |  |  |  |  |  |
| 49 Bedwetting |  |  |  |  |  |
| As a child in school I was (or had) | Not at  all or  very  slightly  0 | Mildly  1 | Moder-ately  2 | Quite a  Bit  3 | Very  much  4 |
| 50 Overall a good student, fast |  |  |  |  |  |
| 51 Overall a poor student, slow learner |  |  |  |  |  |
| 52 Slow in learning to read |  |  |  |  |  |
| 53 Slow reader |  |  |  |  |  |
| 54 Trouble reversing letters |  |  |  |  |  |
| 55 Problems with spelling |  |  |  |  |  |
| 56 Trouble with mathematics or numbers |  |  |  |  |  |
| 57 Bad handwriting |  |  |  |  |  |
| 58 Able to read pretty well but never really  enjoyed reading |  |  |  |  |  |
| 59 Not achieving up to potential |  |  |  |  |  |
| 60 Repeating grades |  |  |  |  |  |
| 61 Suspended or expelled |  |  |  |  |  |

Thank you for taking the time to complete this questionnaire.

OFFICE USE ONLY:

Wender Utah rating scale score = \_\_\_\_\_\_\_\_

Maximum score 100

Wender Utah rating scale subscore = \_\_\_\_\_\_\_\_

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